## Classic and Specialty Pizzas

## 1 Bacon Cheeseburger

2 Bacon, Mac \& Cheese
3 Basil Pesto Supreme
4 Breakfast
5 Buffalo Chicken
6 Cheese
7 Chicken Alfredo
8 Chicken \& Wild Rice
9 Chicken, Bacon, Ranch
10 Dill Pickle
11 Hazel's Peanut Butter Delight
12 Korean Barbeque
13 Liquor Pig
14 Mediterranean
15 Norske
16 Pepperoni
17 Pepperoni \& Sausage
18 Reuben
19 Sausage
20 Spinach and Artichoke
21 Steak \& Mashed Potato
22 Street Taco
23 Supreme
24 Taco
25 Tater Tot Hotdish
26 Teriyaki Luau
27 Uffda

## Gluten Free Pizzas

28 Gluten Free Statement
29 Gluten Free Breakfast
30 Gluten Free Cheese
31 Gluten Free Chicken, Bacon, Ranch
32 Gluten Free Pepperoni
33 Gluten Free Uffda

# Nutrition Facts 

4 servings per container Serving size

2 slices<br>(160.19g)

Amount per serving Calories

| \% Daily Value* |  |
| :---: | :---: |
| Total Fat 15 g | 20\% |
| Saturated Fat 7g | 33\% |
| Trans Fat 0g |  |
| Cholesterol 35 mg | 12\% |
| Sodlum 900mg | 39\% |
| Total Carbohydrate 27 g | 10\% |
| Dietary Fiber 1g | 4\% |
| Total Sugars 4g |  |
| Includes Og Added Sugars | 0\% |
| Proteln 19g | 37\% |
| Vitamin D 6.4 mcg | 30\% |
| Calcium 350mg | 25\% |
| Iron 1.2mg | 6\% |
| Potassium 120mg | 2\% |
| *The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |  |
| Calories per gram: <br> Fat 9 - Carbohydrate 4 • Protein 4 |  |

## Ole \& Lena's Pizzeria

 Bacon, Mac \& Cheese
## Nutrition Facts

4 servings per container

Serving size

2 slices
(145.29g)

Amount per serving Calories 320

| Total Fat 14 g | $\mathbf{1 8 \%}$ |
| :---: | :---: | :---: |
| Saturated Fat 6 g | $\mathbf{3 0} \%$ |

Trans Fat 1g

| Cholesterol 30 mg | $\mathbf{1 0 \%}$ |
| :--- | :--- | :--- |
| Sodlum 940 mg | $\mathbf{4 1 \%}$ |
| Total Carbohydrate 33 g | $\mathbf{1 2 \%}$ |

Dietary Fiber $0 \mathrm{~g} \quad \mathbf{2 \%}$
Total Sugars 2g
Includes 0 g Added Sugars
Proteln $16 \mathrm{~g} \quad 33 \%$
Vitamin D $6.4 \mathrm{mcg} \quad 30 \%$

| Calcium 370 mg | $30 \%$ |
| :--- | :---: |
| Iron 0.9 mg | $6 \%$ |
| Potassium 100 mg | $2 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

# Nutrition Facts 

4 servings per container
Serving size 2 slices (140g)
Amount per serving Calories 360
$\qquad$

| Total Fat 20 g | $\mathbf{2 6 \%}$ |
| :---: | :--- | :--- |
| Saturated Fat 7 g | $\mathbf{3 5 \%}$ |

Trans Fat 0 g
Cholesterol $35 \mathrm{mg} \quad 12 \%$
Sodlum $800 \mathrm{mg} \quad 35 \%$
Total Carbohydrate $28 \mathrm{~g} \quad 10 \%$

| Dietary Fiber | 2 g | $\mathbf{7 \%}$ |
| :---: | :---: | :---: |
| Total Sugars | 3 g |  |

Includes g Added Sugars

| Proteln 17 g | $\mathbf{3 4 \%}$ |
| :--- | ---: |
| Vitamin D 0 mcg | $0 \%$ |
| Calcium 387 mg | $30 \%$ |
| Iron 2 mg | $10 \%$ |
| Potassium 152 mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

# Nutrition Facts 

4 servings per container Serving size

2 slices
(154.46g) 350

Amount per serving Calories

# Nutrition Facts 

4 servings per container

Serving size

## 2 slices <br> (129.34g)

Amount per serving Calories 320

|  | \% Daily Value* |
| :--- | ---: |
| Total Fat 18 g | $\mathbf{2 3 \%}$ |
| Saturated Fat 7 g | $\mathbf{3 3 \%}$ |
| Trans Fat 0 g |  |
| Cholesterol 40 mg | $\mathbf{1 3 \%}$ |
| Sodlum 970mg | $\mathbf{4 2 \%}$ |
| Total Carbohydrate $\quad 22 \mathrm{~g}$ | $\mathbf{8 \%}$ |
| Dietary Fiber 0g | $\mathbf{1 \%}$ |
| Total Sugars 1 g |  |
| Includes 0g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 16g | $\mathbf{3 2 \%}$ |
| Vitamin D 6.4mcg | $30 \%$ |
| Calcium 340mg | $25 \%$ |
| Iron 0.6mg | $4 \%$ |
| Potassium 160mg | $4 \%$ |

* The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

# Nutrition Facts 

4 servings per container
Serving size

2 slices
(131.84g)

280

Amount per serving Calories
Total Fat $13 \mathrm{~g} \quad 17 \%$
Saturated Fat $6 \mathrm{~g} \quad \mathbf{3 1 \%}$

Trans Fat 0 g
Cholesterol $30 \mathrm{mg} \quad 10 \%$
Sodlum $610 \mathrm{mg} \quad \mathbf{2 6 \%}$
Total Carbohydrate $25 \mathrm{~g} \quad \mathbf{9 \%}$
Dietary Fiber $<1 \mathrm{~g} \quad 3 \%$

Total Sugars 3g
Includes 0 g Added Sugars 0\%
Proteln $15 \mathrm{~g} \quad 31 \%$

| Vitamin D 7.6 mcg | $40 \%$ |
| :--- | ---: |
| Calcium 390 mg | $30 \%$ |
| Iron 0.7 mg | $4 \%$ |
| Potassium 110 mg | $2 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

Ole \& Lena's Pizzeria Chicken Alfredo

# Nutrition Facts 

4 servings per container Serving size

2 slices
(129.34g)

Amount per serving Calories

|  | \% Daily Value* |
| :--- | ---: |
| Total Fat 17 g | $\mathbf{2 1 \%}$ |
| Saturated Fat 9 g | $\mathbf{4 7 \%}$ |
| Trans Fat 0 g |  |
| Cholesterol 60 mg | $\mathbf{1 9 \%}$ |
| Sodlum 650 mg | $\mathbf{2 8 \%}$ |
| Total Carbohydrate 23 g | $\mathbf{9 \%}$ |
| Dietary Fiber 0 g | $\mathbf{1 \%}$ |
| Total Sugars 2 g |  |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 17 g | $\mathbf{3 5 \%}$ |
| Vitamin D 6.4mcg | $30 \%$ |
| Calcium 380 mg | $30 \%$ |
| Iron 0.6mg | $4 \%$ |
| Potassium 190 mg | $4 \%$ |

* The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

## Nutrition Facts

4 servings per container Serving size

2 slices
(180.73g) 410

Amount per serving Calories

# Nutrition Facts 

4 servings per container

Serving size

## 2 pieces <br> (136.43g)

Amount per serving Calories

|  | \% Daily Value* |
| :---: | ---: |
| Total Fat 25 g | $\mathbf{3 2 \%}$ |
| Saturated Fat 8 g | $\mathbf{4 0 \%}$ |
| Trans Fat 0 g |  |


| Cholesterol 50 mg | $\mathbf{1 6 \%}$ |
| :--- | :--- |
| Sodlum 860 mg | $\mathbf{3 8 \%}$ |


| Total Carbohydrate 23 g | $\mathbf{8 \%}$ |
| :--- | :--- | :--- |

Dietary Fiber $0 \mathrm{~g} \quad 1 \%$

Total Sugars 1 g
Includes 0 g Added Sugars 0\%

| Proteln 18 g | $37 \%$ |
| :--- | :--- |


|  |  |
| :--- | :--- |
| Vitamin D 6.4 mcg | $30 \%$ |

Calcium $340 \mathrm{mg} \quad 25 \%$

| Iron 0.7 mg | $4 \%$ |
| :--- | :--- |
| Potassium 160 mg | $4 \%$ |

* The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

> Ole \& Lena's Pizzeria Dill Pickle

# Nutrition Facts 

4 servings per container Serving size

2 slices
(132.96g)

270

Amount per serving Calories

# Nutrition Facts 

4 servings per container
Serving size 2 slices (125.8g)
Amount per serving Calories 450

| \% Daily Value* |  |
| :---: | :---: |
| Total Fat 28 g | 36\% |
| Saturated Fat 9g | 45\% |
| Trans Fat 0g |  |
| Cholesterol 35 mg | 12\% |
| Sodlum 650 mg | 28\% |
| Total Carbohydrate 27 g | 10\% |
| Dietary Fiber 2g | 7\% |
| Total Sugars 2g |  |
| Includes 0g Added Sugars | 0\% |
| Proteln 21 g | 42\% |
| Vitamin D 6.4 mcg | 30\% |
| Calcium 350 mg | 25\% |
| Iron 1mg | 6\% |
| Potassium 340 mg | 8\% |
| *The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |  |

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

Ole \& Lena's Pizzeria Korean Barbeque

# Nutrition Facts 

## 4 servings per container <br> Amount per serving calories

Serving size 2 slices (157g)

|  |  |
| :---: | ---: |
| Total Fat 10 g | $\mathbf{\%}$ Daily Value* |
| Saturated Fat 4 g | $\mathbf{1 3 \%}$ |
| Trans Fat 0 g |  |
| Cholesterol 35 mg | $\mathbf{1 2 \%}$ |
| Sodlum 570mg | $\mathbf{2 5 \%}$ |
| Total Carbohydrate | 46 g |
| Dietary Fiber 2 g | $\mathbf{1 7 \%}$ |
| Total Sugars 11 g | $\mathbf{7 \%}$ |

Includes g Added Sugars

| Proteln 19 g | $\mathbf{3 8} \%$ |
| :--- | ---: |
| Vitamin D 0mcg | $0 \%$ |
| Calcium 349 mg | $25 \%$ |
| Iron 3 mg | $15 \%$ |
| Potassium 300 mg | $6 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ole \& Lena's Pizzeria Liquor Pig

# Nutrition Facts 

4 servings per container Serving size

2 slices
(147.06g)

Amount per serving
Calories

|  | \% Daily Value* |
| :--- | ---: |
| Total Fat 16 g | $\mathbf{2 0 \%}$ |
| Saturated Fat 7 g | $\mathbf{3 6 \%}$ |
| Trans Fat 0 g |  |
| Cholesterol 55 mg | $\mathbf{1 9 \%}$ |
| Sodlum 870 mg | $\mathbf{3 8 \%}$ |
| Total Carbohydrate 32 g | $\mathbf{1 2 \%}$ |
| Dietary Fiber 0 g | $\mathbf{1 \%}$ |
| Total Sugars 11 g |  |
| Includes 8 g Added Sugars | $\mathbf{1 6 \%}$ |
| Proteln 22 g | $\mathbf{4 4 \%}$ |
| Vitamin D 6.4mcg | $30 \%$ |
| Calcium 340mg | $25 \%$ |
| Iron 0.7mg | $4 \%$ |
| Potassium 170mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

# Nutrition Facts 

## 4 servings per container Serving size <br> Amount per serving Calories

2 slices (133g)
\% Daily Value*

| Total Fat 18 g | $\mathbf{2 4 \%}$ |
| :---: | :---: |
| Saturated Fat 4 g | $\mathbf{1 9 \%}$ |

Trans Fat 0g
Cholesterol $25 \mathrm{mg} \quad \mathbf{8 \%}$

| Sodlum 680 mg | $\mathbf{3 0 \%}$ |
| :--- | :--- | ---: |
| Total Carbohydrate 26 g | $\mathbf{9 \%}$ |


| Dietary Fiber 1 g | $\mathbf{5 \%}$ |
| :--- | ---: |
| Total Sugars 2 g |  |
| Includes 0g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 12 g | $\mathbf{2 5 \%}$ |
| Vitamin D 0.1 mcg | $0 \%$ |
| Calcium 290 mg | $20 \%$ |
| Iron 0.5 mg | $2 \%$ |
| Potassium 40 mg | $0 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

Ole \& Lena's Pizzeria Norske

# Nutrition Facts 

4 servings per container Serving size

2 slices
(118.71g)

360

Amount per serving Calories

| Total Fat 23 g | $\mathbf{3 0 \%}$ |
| :--- | :--- |

Saturated Fat $13 \mathrm{~g} \quad \mathbf{6 4 \%}$

Trans Fat 0 g
Cholesterol $65 \mathrm{mg} \quad$ 21\%
Sodlum $680 \mathrm{mg} \quad \mathbf{3 0 \%}$

| Total Carbohydrate 23 g | $\mathbf{8 \%}$ |
| :--- | :--- | :--- |

Dietary Fiber $<1 \mathrm{~g} \quad \mathbf{2 \%}$

## Total Sugars 1 g

 Includes 0 g Added Sugars $0 \%$Proteln $15 \mathrm{~g} \quad \mathbf{3 1 \%}$

| Vitamin D 6.4 mcg | $30 \%$ |
| :--- | :--- |

Calcium $340 \mathrm{mg} \quad 25 \%$
Iron $0.7 \mathrm{mg} \quad 4 \%$
Potassium 110mg 2\%

* The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

Ole \& Lena's Pizzeria Pepperoni 16

# Nutrition Facts 

4 servings per container Serving size

2 slices
(138.93g)

330

Amount per serving Calories

|  | \% Daily Value* |
| :--- | ---: |
| Total Fat 18 g | $\mathbf{2 3 \%}$ |
| Saturated Fat 8 g | $\mathbf{3 9 \%}$ |
| Trans Fat 0.5 g |  |
| Cholesterol 40 mg | $\mathbf{1 3 \%}$ |
| Sodlum 780 mg | $\mathbf{3 4 \%}$ |
| Total Carbohydrate 25 g | $\mathbf{9 \%}$ |
| Dietary Fiber <1g | $\mathbf{3 \%}$ |
| Total Sugars 3 g |  |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 16 g | $\mathbf{3 3 \%}$ |
| Vitamin D 6.6 mcg | $35 \%$ |
| Calcium 340mg | $25 \%$ |
| Iron 0.9mg | $6 \%$ |
| Potassium 140mg | $2 \%$ |

* The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

Ole \& Lena's Pizzeria Pepperoni \& Sausage

## Nutrition Facts

4 servings per container
Serving size

2 slices
(146.02g) 340
Total Fat $19 \mathrm{~g} \quad \mathbf{2 4 \%}$
Saturated Fat $8 \mathrm{~g} \quad \mathbf{4 1 \%}$

Trans Fat 0 g
Cholesterol $45 \mathrm{mg} \quad 14 \%$
Sodlum $800 \mathrm{mg} \quad 35 \%$
Total Carbohydrate $25 \mathrm{~g} \quad \mathbf{9 \%}$
Dietary Fiber $<1 \mathrm{~g} \quad 3 \%$

Total Sugars 3 g
Includes 0 g Added Sugars 0\%
Proteln $18 \mathrm{~g} \quad 35 \%$

| Vitamin D 6.5 mcg | $35 \%$ |
| :--- | ---: |
| Calcium 340 mg | $25 \%$ |
| Iron 1.1 mg | $6 \%$ |
| Potassium 130 mg | $2 \%$ |

* The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

Ole \& Lena's Pizzeria Reuben

## Nutrition Facts

4 servings per container Serving size

2 slices
(139.98g)

Amount per serving calories

|  | \% Daily Value* |
| :---: | :---: |
| Total Fat 20g | 26\% |
| Saturated Fat 7g | 36\% |
| Trans Fat 0g |  |
| Cholesterol 45 mg | 15\% |
| Sodlum 760 mg | 33\% |
| Total Carbohydrate 25 g | 9\% |
| Dietary Fiber <1g | 3\% |
| Total Sugars 4g |  |
| Includes Og Added Sugars | 0\% |
| Proteln 15g | 31\% |
| Vitamin D 6.4 mcg | 30\% |
| Calcium 350mg | 25\% |
| Iron 1mg | 6\% |
| Potassium 160 mg | 4\% |
| *The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |  |
| Calories per gram: |  |

Ole \& Lena's Pizzeria Sausage

## Nutrition Facts

4 servings per container

Serving size

2 slices
(139.98g)

Amount per serving calories

|  | \% Daily Value ${ }^{*}$ |
| :---: | ---: |
| Total Fat 16 g | $\mathbf{2 0 \%}$ |
| Saturated Fat 7 g | $\mathbf{3 6 \%}$ |
| Trans Fat 0 g |  |


| Cholesterol 40 mg | $\mathbf{1 3} \%$ |
| :--- | :--- |
| Sodlum 690 mg | $\mathbf{3 0 \%}$ |


| Total Carbohydrate 24 g | $\mathbf{9} \%$ |
| :---: | :---: |
| Dietary Fiber $<1 \mathrm{~g}$ | $\mathbf{3 \%}$ |


| Total Sugars 3 g |  |
| :--- | :--- |
| Includes 0g Added Sugars | $\mathbf{0 \%}$ |


| Proteln 17 g | $35 \%$ |
| :--- | :--- |

Vitamin D $6.4 \mathrm{mcg} \quad 30 \%$
Calcium $340 \mathrm{mg} \quad 25 \%$

| Iron 1.1 mg | $6 \%$ |
| :--- | :--- |
| Potassium 100 mg | $2 \%$ |

* The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

# Nutrition Facts 

4 servings per container Serving size

2 slices
(131.12g)

290

Amount per serving Calories
Total Fat $13 \mathrm{~g} \quad 17 \%$

| Saturated Fat 7 g | $\mathbf{3 4 \%}$ |
| :--- | :--- | :--- |

Trans Fat 0 g
Cholesterol $35 \mathrm{mg} \quad 12 \%$

| Sodlum 630 mg | $\mathbf{2 7 \%}$ |
| :--- | :--- | :--- |
| Total Garbohydrate 26 g | $\mathbf{1 0 \%}$ |


| Dietary Fiber 1 g | $\mathbf{4 \%}$ |
| :--- | ---: |
| Total Sugars 3 g |  |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 16 g | $\mathbf{3 1 \%}$ |
| Vitamin D 0.2 mcg | $0 \%$ |
| Calcium 430 mg | $35 \%$ |
| Iron 0.5 mg | $2 \%$ |
| Potassium 260 mg | $6 \%$ |

* The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

# Nutrition Facts 

4 servings per container
Serving size

2 slices
(180.73g) 470

Amount per serving Calories
Total Fat $26 \mathrm{~g} \quad 33 \%$
Saturated Fat $12 \mathrm{~g} \quad \mathbf{6 1 \%}$

Trans Fat 0 g

| Cholesterol 65 mg | $\mathbf{2 1 \%}$ |
| :--- | :--- | :--- |
| Sodlum 980 mg | $\mathbf{4 2 \%}$ |
| Total Carbohydrate 42 g | $\mathbf{1 5 \%}$ |

Dietary Fiber $1 \mathrm{~g} \quad \mathbf{5 \%}$
Total Sugars 2g Includes 0 g Added Sugars 0\%
Proteln $18 \mathrm{~g} \quad 35 \%$

| Vitamin D 6.4 mcg | $30 \%$ |
| :--- | ---: |
| Calcium 360 mg | $30 \%$ |
| Iron 3.7 mg | $20 \%$ |
| Potassium 200 mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

# Nutrition Facts 

| 4 servings per container |  |
| :--- | ---: |
| Serving size | $\mathbf{2}$ slices (124g) |
| Amount per serving  <br> calories  <br>  \% Daily Value* <br> Total Fat 11 g $\mathbf{1 4 \%}$ <br> Saturated Fat 4.5 g $\mathbf{2 2 \%}$ <br> Trans Fat 0 g  |  |

Cholesterol $35 \mathrm{mg} \quad 11 \%$

| Sodlum 640 mg | $\mathbf{2 8 \%}$ |
| :--- | ---: |
| Total Carbohydrate 27 g | $\mathbf{1 0 \%}$ |
| Dietary Fiber 1 g | $\mathbf{4 \%}$ |

Total Sugars 3 g
Includes g Added Sugars
Proteln 17 g

| Vitamin D 0.1 mcg | $0 \%$ |
| :--- | ---: |
| Calcium 300 mg | $25 \%$ |
| Iron 1.5 mg | $8 \%$ |
| Potassium 140 mg | $2 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

Ole \& Lena's Pizzeria Supreme

## Nutrition Facts

4 servings per container

Serving size

2 slices
(153.11g)

Amount per serving
Calories

|  | \% Daily Value* |
| :--- | ---: |
| Total Fat 17 g | $\mathbf{2 1 \%}$ |
| Saturated Fat 7 g | $\mathbf{3 6 \%}$ |
| Trans Fat 0 g |  |
| Cholesterol 40 mg | $\mathbf{1 3 \%}$ |
| Sodlum 750 mg | $\mathbf{3 3 \%}$ |
| Total Carbohydrate 26 g | $\mathbf{9 \%}$ |
| Dietary Fiber 1 g | $\mathbf{4 \%}$ |
| Total Sugars 3 g |  |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 16 g | $\mathbf{3 3} \%$ |
| Vitamin D 6.5mcg | $30 \%$ |
| Calcium 340mg | $25 \%$ |
| Iron 1.2 mg | $6 \%$ |
| Potassium 130mg | $2 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

Ole \& Lena's Pizzeria

# Nutrition Facts 

4 servings per container

Serving size

2 slices
(154.15g)

Amount per serving Calories

|  | \% Daily Value* |
| :---: | ---: |
| Total Fat 19 g | $\mathbf{2 4 \%}$ |
| Saturated Fat 8 g | $\mathbf{4 2 \%}$ |
| Trans Fat 0 g |  |

Cholesterol $45 \mathrm{mg} \quad 15 \%$
Sodlum $5050 \mathrm{mg} \quad 220 \%$
Total Carbohydrate $40 \mathrm{~g} \quad 15 \%$
Dietary Fiber $4 \mathrm{~g} \quad \mathbf{1 5 \%}$

| Total Sugars 7 g |  |
| :--- | ---: |
| Includes 1 g Added Sugars | $\mathbf{1 \%}$ |
| Proteln 18 g | $\mathbf{3 7 \%}$ |
| Vitamin D 4.4 mcg | $20 \%$ |
| Calcium 350 mg | $25 \%$ |
| Iron 5.2 mg | $30 \%$ |
| Potassium 150 mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

Ole \& Lena's Pizzeria Tater Tot Hotdish 25

## Nutrition Facts

4 servings per container Serving size

2 slices (198.45g)

Amount per serving
Cen orles

|  | \% Daily Value* |
| :--- | ---: |
| Total Fat 19 g | $\mathbf{2 5 \%}$ |
| Saturated Fat 7 g | $\mathbf{3 5 \%}$ |
| Trans Fat 0 g |  |
| Cholesterol 30 mg | $\mathbf{1 0 \%}$ |
| Sodlum 930 mg | $\mathbf{4 1 \%}$ |
| Total Carbohydrate 47 g | $\mathbf{1 7 \%}$ |
| Dietary Fiber 2 g | $\mathbf{6 \%}$ |
| Total Sugars 2g |  |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 17 g | $\mathbf{3 5 \%}$ |
| Vitamin D 6.4 mcg | $30 \%$ |
| Calcium 370 mg | $30 \%$ |
| Iron 4.1 mg | $25 \%$ |
| Potassium 200 mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

# Nutrition Facts 

4 servings per container

## Serving size <br> 2 slices (145g)

Amount per serving calories 290
\% Daily Value*

| Total Fat 11 g | $\mathbf{1 4 \%}$ |
| :---: | :---: |
| Saturated Fat 5 g | $\mathbf{2 5 \%}$ |

Trans Fat 0 g

| Cholesterol 40 mg | $\mathbf{1 3 \%}$ |
| :--- | :--- |
| Sodlum 1320 mg | $\mathbf{5 7 \%}$ |
| Total Carbohydrate 30 g | $\mathbf{1 1 \%}$ |


| Dietary Fiber 1 g | $\mathbf{4 \%}$ |
| :--- | ---: |
| Total Sugars 7 g |  |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 18 g | $\mathbf{3 6 \%}$ |
| Vitamin D 0.1 mcg | $0 \%$ |


| Calcium 220 mg | $15 \%$ |
| :--- | ---: |
| Iron 1.2 mg | $6 \%$ |
| Potassium 100 mg | $2 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

Ole \& Lena's Pizzeria Uffda

# Nutrition Facts 

4 servings per container Serving size

2 slices<br>(160.19g)

| Amount per serving |  |
| :--- | :--- |
| Calories | 360 |


|  | \% Daily Value* |
| :---: | ---: |
| Total Fat 19 g | $\mathbf{2 4 \%}$ |
| Saturated Fat 8 g | $\mathbf{4 1 \%}$ |
| Trans Fat 0.5 g |  |


| Cholesterol 50 mg | $\mathbf{1 6 \%}$ |
| :--- | ---: |
| Sodlum 940 mg | $\mathbf{4 1 \%}$ |
| Total Carbohydrate $\quad 26 \mathrm{~g}$ | $\mathbf{9 \%}$ |
| Dietary Fiber 1 g | $\mathbf{4 \%}$ |
| Total Sugars 3 g |  |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 20 g | $\mathbf{4 1 \%}$ |
| Vitamin D 6.5mcg | $35 \%$ |
| Calcium 350 mg | $25 \%$ |
| Iron 1.2 mg | $6 \%$ |
| Potassium 200 mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4

## How do you ensure your gluten free pizzas are truly gluten free?

We produce gluten free pizzas in a clean environment with no crossover with non-gluten items. This means that we maintain our gluten free ingredients separately from other production ingredients. Everyday our production room and equipment go through a thorough cleaning and sanitization both the night prior and the morning before production. We schedule gluten free production at the start of the day to ensure a clean working environment. Only gluten free ingredients are allowed in the production room at this time. All of our steps are in accordance with gluten free processes as defined by the USDA and key gluten free organizations.

## Beyond milk, soy, and wheat allergens...

We are also very conscious of allergens and any potential crossover effects with other pizzas. The two pizzas with potential crossover allergens are the breakfast (eggs) and Hazel's Peanut Butter Delight (nut). In both cases, we inventory the raw materials separately from other ingredients in the plant. We only bring the ingredients out when producing those specific pizzas. We only make breakfast or Hazel's Peanut Butter Delight pizzas at the end of a production day to ensure no cross contamination. Additionally, there are no nuts in our pesto sauce used for other pizzas. Our facility and equipment are given a thorough cleaning and sanitation at the end of the day and in the morning before production to ensure no contamination issues for future production. This is in accordance with USDA regulations and is inspected daily by the USDA.

# Nutrition Facts 

4 servings per container
Serving size Calories

1 slice (145g)

\% Daily Value*

| Total Fat 16 g | $\mathbf{2 0 \%}$ |
| :--- | :--- |
| Saturated Fat 7 g | $\mathbf{3 7 \%}$ |
| Trans Fat 0 g |  |
| Cholesterol 90 mg | $\mathbf{3 1 \%}$ |
| Sodlum 560 mg | $\mathbf{2 4 \%}$ |
| Total Carbohydrate 41 g | $\mathbf{1 5 \%}$ |

Dietary Fiber $1 \mathrm{~g} \quad \mathbf{4 \%}$

Total Sugars 4 g

| Includes 1g Added Sugars | $\mathbf{2 \%}$ |
| :--- | ---: |
| Proteln 18 g | $\mathbf{3 6 \%}$ |
| Vitamin D 0.2mcg | $0 \%$ |


| Calcium 320 mg | $25 \%$ |
| :--- | ---: |
| Iron 1.4 mg | $8 \%$ |

Potassium $130 \mathrm{mg} \quad 2 \%$
*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 44 servings per container
Serving size 1 slice (131.12g)
Amount per serving Calories
\% Daily Value*

| Total Fat 13 g | $\mathbf{1 7 \%}$ |
| :---: | :---: |
| Saturated Fat 8 g | $\mathbf{4 0 \%}$ |

Trans Fat 0 g
Cholesterol $30 \mathrm{mg} \quad 11 \%$

| Sodlum 560 mg | $24 \%$ |
| :--- | :--- | :--- |
| Total Carbohydrate 43 g | $16 \%$ |

Dietary Fiber $2 \mathrm{~g} \quad \mathbf{6 \%}$
Total Sugars 6 g

| Includes 0g Added Sugars |  |
| :--- | ---: |
| Proteln 13 g | $\mathbf{0 \%}$ |
| Vitamin D 0.2 mcg | $0 \%$ |

Calcium $300 \mathrm{mg} \quad 25 \%$
Iron $1.3 \mathrm{mg} \quad 8 \%$
Potassium $150 \mathrm{mg} \quad 4 \%$
*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

# Nutrition Facts <br> 4 servings per container <br> Serving size 1 slice (131.12g) <br> Amount per serving Calories 410 <br> <div class="inline-tabular"><table id="tabular" data-type="subtable">
<tbody>
<tr style="border-top: none !important; border-bottom: none !important;">
<td style="text-align: center; border-left: none !important; border-right: none !important; border-bottom-style: solid !important; border-bottom-width: 1px !important; border-top-style: solid !important; border-top-width: 1px !important; width: auto; vertical-align: middle; " class="_empty"></td>
<td style="text-align: right; border-bottom-style: solid !important; border-bottom-width: 1px !important; border-top-style: solid !important; border-top-width: 1px !important; width: auto; vertical-align: middle; ">\% Daily Value*</td>
</tr>
<tr style="border-top: none !important; border-bottom: none !important;">
<td style="text-align: center; border-left: none !important; border-right: none !important; border-bottom-style: solid !important; border-bottom-width: 1px !important; border-top: none !important; width: auto; vertical-align: middle; ">Total Fat 20 g</td>
<td style="text-align: right; border-bottom-style: solid !important; border-bottom-width: 1px !important; border-top: none !important; width: auto; vertical-align: middle; ">$\mathbf{2 5 \%}$</td>
</tr>
<tr style="border-top: none !important; border-bottom: none !important;">
<td style="text-align: center; border-left: none !important; border-right: none !important; border-bottom-style: solid !important; border-bottom-width: 1px !important; border-top: none !important; width: auto; vertical-align: middle; ">Saturated Fat 8 g</td>
<td style="text-align: right; border-bottom-style: solid !important; border-bottom-width: 1px !important; border-top: none !important; width: auto; vertical-align: middle; ">$\mathbf{3 8 \%}$</td>
</tr>
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<td style="text-align: right; border-bottom-style: solid !important; border-bottom-width: 1px !important; border-top: none !important; width: auto; vertical-align: middle; " class="_empty"></td>
</tr>
</tbody>
</table>
<table-markdown style="display: none">|  | \% Daily Value* |
| :---: | ---: |
| Total Fat 20 g | $\mathbf{2 5 \%}$ |
| Saturated Fat 8 g | $\mathbf{3 8 \%}$ |
| Trans Fat 0 g |  |</table-markdown></div> 

Cholesterol $40 \mathrm{mg} \quad 13 \%$

| Sodlum 600 mg | $\mathbf{2 6 \%}$ |
| :--- | :--- | :--- |
| Total Carbohydrate 41 g | $\mathbf{1 5 \%}$ |

Dietary Fiber $1 \mathrm{~g} \quad \mathbf{4 \%}$

Total Sugars 4g

| Includes 0g Added Sugars |  |
| :--- | ---: |
| Proteln 17 g | $\mathbf{0 \%}$ |
| Vitamin D 0.1mcg | $0 \%$ |
| Calcium 230 mg | $20 \%$ |
| Iron 1.4 mg | $8 \%$ |
| Potassium 150 mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 • Protein 4
Nutrition Facts4 servings per container
Serving size 1 slice ( 134.66 g )
Amount per serving Calories 380
\% Daily Value*

| Total Fat 17 g | $\mathbf{2 1 \%}$ |
| :---: | :---: | :---: |
| Saturated Fat 9 g | $\mathbf{4 4 \%}$ |

Trans Fat 0 g
Cholesterol $35 \mathrm{mg} \quad 12 \%$
Sodlum $680 \mathrm{mg} \quad 29 \%$
Total Carbohydrate $43 \mathrm{~g} \quad \mathbf{1 6 \%}$
Dietary Fiber $2 \mathrm{~g} \quad \mathbf{6 \%}$

| Total Sugars 6 g |  |
| :--- | :--- |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |


| Proteln 14 g | $\mathbf{2 8 \%}$ |
| :--- | ---: |
| Vitamin D 0.3 mcg | $0 \%$ |


| Calcium 270 mg | $20 \%$ |
| :--- | ---: |
| Iron 1.4 mg | $8 \%$ |
| Potassium 170 mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

# Nutrition Facts 

## 4 servings per container <br> Serving size 1 slice (139.98g)

Amount per serving Calories

| Total Fat 16 g | $\mathbf{2 1 \%}$ |
| :---: | :---: |
| Saturated Fat 9 g | $\mathbf{4 3 \%}$ |

Trans Fat 0 g

| Cholesterol 35 mg | $\mathbf{1 2 \%}$ |
| :--- | :--- |
| Sodlum 670 mg | $\mathbf{2 9 \%}$ |
| Total Carbohydrate 43 g | $\mathbf{1 5 \%}$ |


| Dietary Fiber 2 g | $\mathbf{6 \%}$ |
| :--- | ---: |
| Total Sugars 6 g |  |
| Includes 0 g Added Sugars | $\mathbf{0 \%}$ |
| Proteln 15 g | $\mathbf{2 9 \%}$ |
| Vitamin D 0.2mcg | $0 \%$ |
| Calcium 260 mg | $20 \%$ |
| Iron 1.5 mg | $8 \%$ |
| Potassium 160 mg | $4 \%$ |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 - Carbohydrate 4 - Protein 4

